



Welcome to Toastmasters New Zealand North (District 112)



**Afraid to speak?
We make it easy.**

Release 2025-07

TOASTMASTERS NEW ZEALAND D112 Visitor Brochure



What is Toastmasters?

Toastmasters is a not-for-profit organisation dedicated to helping people from diverse backgrounds gain the confidence to achieve their potential by developing members' communication and leadership skills.



L-R: IPDD Richard Perkins, DD Marlene Krone, PQD Mark Tweedale, CGD Sandeep Kinge

Toastmasters International Mission Statement

We empower individuals to become more effective communicators and leaders.

Through its member clubs, Toastmasters International helps people learn the arts of speaking, listening and thinking – vital skills that promote self-actualisation, enhance leadership potential, foster human understanding, and contribute to the betterment of humankind.

It is basic to this mission that Toastmasters International continually expand its worldwide network of member clubs, thereby offering ever greater number of people the opportunity to benefit from its educational programmes.

Values

Toastmasters International's core values are **integrity, respect, service, and excellence**. These values are fitting for a truly outstanding organisation. We believe they should serve as anchor points in every decision we make. Our core values not only guide our actions but also provide a framework for evaluating our operations, strategic planning, and long-term vision.

Club Mission – A Statement

Every Toastmasters club shares the same mission, clearly defined in our mission statement:

We provide supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Through this mission, each Toastmaster gains a clear understanding of the club's purpose, and the organisation as a whole benefit from a shared set of values and goals.



Business and Personal Development



Practice delivering pitches

Develop clear and effective communication



Ace interviews

Learn to be articulate and illustrate your knowledge



Lead and inspire team members

Build confidence delivering instructions and motivation



Network with professionals

Improve your ability to meet and engage new contacts

What Happens When I Join a Club?

Joining a Toastmasters club opens the door to a world of learning, growth, and fun — all within a supportive environment. Each club typically has 15 to 25 members, creating a friendly and collaborative atmosphere. Clubs meet regularly for 1 to 3 hours, depending on the meeting's format and focus. Every meeting follows a pre-planned agenda. You'll be assigned a speaking role or other responsibilities. The agenda is shared well in advance, so you have time to prepare.

Speaking assignments are varied. They include chairing a meeting, facilitating a table topics session, offering a point of view, evaluating other speakers, and delivering full speeches of five to seven minutes or more, on a topic of your choice with clearly defined objectives to meet. Importantly, whenever you stand up and speak, you receive encouraging and helpful feedback on how well you performed and what you can improve upon, through formal evaluations.

What sets Toastmasters apart isn't just what you learn – it is how you learn it. Every meeting is a safe opportunity to:

- Practise both planned speeches and unplanned responses
- Give and receive meaningful feedback
- Step into leadership opportunities

When you are ready, opportunities to take on leadership and mentoring roles will present themselves, allowing you to develop your personal skillset further. Many members believe these opportunities are the most valuable way to enhance their already developing skills and learning experience. When you apply yourself, you will be amazed at how quickly your communication and leadership skills improve.

Members attribute their success to Toastmasters, citing successful interviews, polished international professional video presentations, and improvement in their English language skills. Members also cite confidence in speaking at formal events, such as wedding speeches and eulogies at funerals.

Our network of clubs and their learn-by-doing programme is sure to help you become a better speaker, presenter, listener, and leader. At Toastmasters, every meeting is a judgment-free space where you can practice, grow, and transform. See how a typical Toastmasters meeting turns nervous speakers into confident communicators.

How to join

1

Find a club

Find Toastmasters clubs near you by visiting "Find a Club" in the Menu.

2

Pay them a visit

Contact local clubs or just turn up and see which one suits you best. All guests are welcome.

3

Become a member

Return a completed membership form with the one-off joining fee and subscription fee.

*Fees vary from club to club.

4

Give your Icebreaker speech

When signed up and ready you break the ice by delivering your first speech - the Icebreaker.



District 112 Conference
at Millenium Hotel, Rotorua

International contest winners with Contest Chair/
Region 12 Advisor (2024-2025)

L-R: 2nd runner up — Hayley Hamilton
Winner — Vincent Ford
1st runner up — Sheryn Dean
Region 12 Advisor 2024-2025 — Stephen Budai

SPEAKER EDUCATION

Toastmasters Pathways Learning Experience



The Pathways Learning Experience is an online, self-paced learning system focused on core competencies, complemented by tailored electives designed to meet your needs. Key areas include:

- **Public Speaking:** Develops skills in delivering prepared and impromptu speeches through practice and peer feedback.
- **Interpersonal Communication:** Enhances verbal and non-verbal communication, relationship building, and conflict resolution.
- **Strategic Leadership:** Encourages vision and the ability to inspire positive change.
- **Management:** Focuses on managing projects, planning, organizing, and facilitating tasks.
- **Confidence:** Promotes self-reflection, goal-setting, and personal growth.

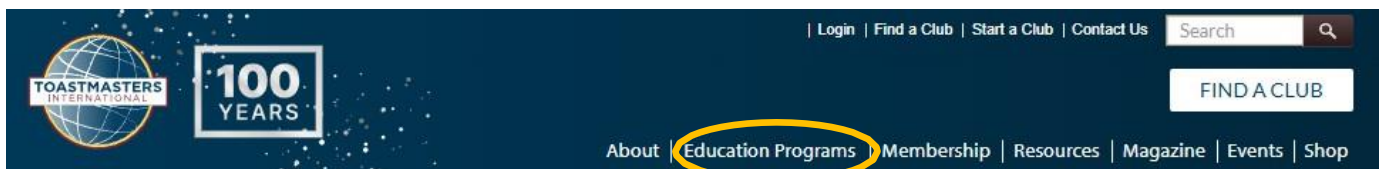
Pathways offers a journey of personal and professional development, featuring over 300 core competencies, tailored learning experiences, and real-world applicable communication and leadership skills. Members benefit from various digital educational resources, standardized feedback, and a strong mentorship process, while achieving recognition for their accomplishments in a global marketplace.

Pathways helps members meet their needs in an evolving global marketplace. The programme also allows for early and frequent achievement, which provides members with recognition of their accomplishments and motivation.

What Do I Receive When I Join?

You will receive a New Member email notification, which includes:

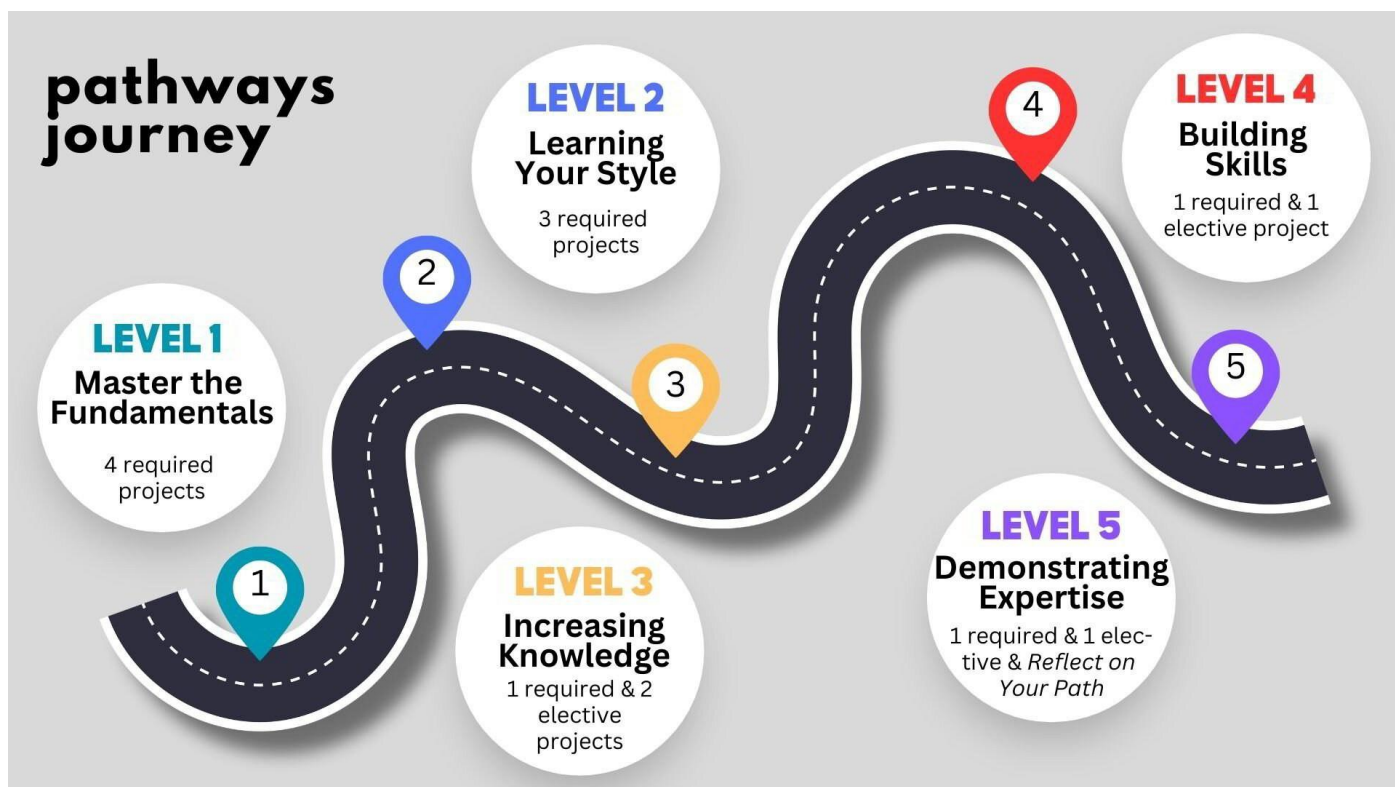
- Access to the Navigator for guidance on your Pathways Learning Experience.
- An assessment check to find your “Best Match” Paths aligned with your educational needs.
- Access to Base Camp, your online hub for transcripts, tutorials, and resources to aid your communication and leadership development.
- An assigned mentor to help define your goals, provide support for early speech projects, and offer feedback. The monthly ‘Toastmaster’ magazine featuring helpful articles on topics like career advancement and effective speaking.



Learning Paths

There are 6 learning paths to choose from in Pathways, each consisting of 5 learning levels. Each learning level consists of a set of projects: some required, others elective.

Each of the 6 paths has a different focus:



What is in it for you?

- Grow confidence and self-belief**
Overcome your fear of public speaking
- Think fast on your feet**
Feel relaxed answering questions on the spot
- Master storytelling**
Learn how to engage and captivate your audience
- Impact your community**
Meet and bring people together

The Distinguished Club Programme

To assist the club executive to manage their roles, they are given a “health check”; a series of targets relating to club membership, administrative efficiency and member educational achievements.

Clubs which achieve some or all of the assigned goals within an executive year receive special recognition from Toastmasters International.

Achievement			
Level	Club Success Plan	Membership as of June 30th	Goals
Distinguished	Submitted by September 30*	20 total members or net growth of 3**	5
Select Distinguished	Submitted by September 30*	20 total members or net growth of 5**	7
President's Distinguished	Submitted by September 30*	20 total members**	9
Smedley Distinguished	Submitted by September 30*	25 total members**	10

In this way, Toastmasters provides the tools, the education, the opportunities and the recognition needed to foster real leadership development.

TOASTMASTERS INTERNATIONAL

About

Since 1924, Toastmasters International has transformed nearly eight million lives across 148 countries around the world through a simple, yet powerful mission: empowering individuals to become more effective communicators and leaders.

It is the world’s largest organisation dedicated to helping people from diverse backgrounds gain the confidence to achieve their potential by developing communication and leadership skills. Toastmasters is present in 144 countries, with over 357,000 active members in more than 16,600 clubs. These clubs are organised into areas and divisions, which are further grouped into districts and regions.

Region 12

Toastmasters is a global organisation divided into more than 100 districts, which are further split into 14 regions. New Zealand, Australia, Papua New Guinea, Indonesia, Malaysia and Brunei are known as region 12. Communication and leadership are learned in a supportive environment in around 1,800 clubs, comprising over 45,000 members, throughout the region.

New Zealand

The first Toastmasters club in New Zealand was established in Dunedin in 1961, following a public meeting held on 11 September 1961. The club officially chartered in July 1962, becoming the first in the country.

By 1972, the concept of this powerful self-development organisation had spread nationwide, with over 1,000 members across 43 clubs. This growth led Toastmasters International to grant New Zealand full district status.

More than 50 years later, Toastmasters in New Zealand has continued to thrive. Today, there are more than 200 clubs across the country, supporting nearly 4,000 members in developing their communication and leadership skills in a supportive and empowering environment.

District 112

In 2018, the New Zealand organisation reached the stage where the country split from being a single district (District 72) into two districts – District 112, which covers the North Island as far down as the northern Wellington Regional Council boundary; and District 72, which covers the Wellington Region and the South Island.



Toastmasters Districts



Regions 1-7
(See detailed
map for Districts)

Region 8

20, 41, 98, 105, 116,
124, 125, 126, 127

Region 9

75, 76, 80, 87,
93

Region 10

59, 71, 91, 95,
107, 108, 109, 110

Region 11

74, 79, 94, 104,
114, 122P, 129, 130

Region 12

17, 69, 70, 72,
73, 90, 112

Region 13

51, 82, 92, 97,
102, 120, 121

Region 14

67, 85, 88, 89,
118, 128

Maps are approximate. Please send questions to
districts@toastmasters.org. [View an accessible version of the data here.](#)

2024-2025
Effective July 1, 2024

The Benefits of Toastmasters Membership

Build a Better You

Are you looking for a fun way to improve your communication and build skills to help in your career? Toastmasters allows you to engage with people who share similar interests to you in a supportive and comfortable setting. Here's just a few of the many benefits you'll see as a Toastmaster.



Improve your public speaking skills



Build leadership skills



Gain self-confidence and
self-awareness



Work on networking in a small and
supportive environment



Practice writing speeches and
presenting in a group setting



Receive regular and constructive
feedback from peers with similar
interests as you



Gain a competitive advantage in
the workplace



Access to the Pathways learning
experience, which is an education
program that allows you to leverage
over 300 practical workplace
skills, including:



Enjoy unlimited personal growth



Maximize your potential

- » Interview preparation
- » Online meeting management
- » Leadership development
- » Project management
- » Conflict resolution

Toastmasters International is a non-profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. The organization's membership with over 270,000 in more than 14,000 clubs in 150 countries. Members pay international dues of \$60 USD every six months, plus a new member fee of \$20 USD. With Toastmasters, the learning never stops. To learn more, visit toastmasters.org/About.

Why Toastmasters?

Supportive peer learning

During each meeting, members perform speaking and leadership roles and receive constructive feedback. This highlights strengths and areas for improvement.

Full Support and mentorship

A mentor is available for additional guidance or encouragement, if required. No matter where you start, the challenge is to reach your potential.

Self-Paced learning programme

The Pathways Learning Experience is an online interactive series of projects focusing on communication and leadership skills. The programme being accessible all day and every day, members learn at a pace that suits them and matches their lifestyle.

Club Leadership Roles

Members receive opportunities to lead at and beyond club level. Each role carries with it a different set of challenges and transferable skills to learn. Roles include club president, event planners, contest organisers, district officers, training presenters, and much more.



Your Local Club Contact Details

Local	d112tm.org.nz
International	www.toastmasters.org
Facebook	District112 Toastmasters in New Zealand
Instagram	d112toastmastersnz
LinkedIn	Toastmasters New Zealand North District 112

