



**Welcome to Toastmasters New Zealand North (District 112)**



**Afraid to speak?  
We make it easy.**

# **TOASTMASTERS NEW ZEALAND NORTH D112 Visitor Brochure**



## Toastmasters International Mission Statement

**We empower individuals to become more effective communicators and leaders.**



Through its member clubs, Toastmasters International helps people learn the arts of speaking, listening and thinking – vital skills that promote self-actualisation, enhance leadership potential, foster human understanding, and contribute to the betterment of humankind.

It is basic to this mission that Toastmasters International continually expand its worldwide network of member clubs, thereby offering ever-greater numbers of people the opportunity to benefit from its programmes.

## Values

**Toastmasters International's core values are integrity, respect, service and excellence.**

These are values worthy of a fantastic organisation, and we believe we should incorporate them as anchor points in every decision we make. Our core values provide us with a means of not only guiding, but also evaluating our operations, our planning, and our vision for the future.

## Club Mission – A Statement

Every Toastmasters club shares the same mission, clearly defined in our mission statement:

**We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.**

Through this mission, each Toastmaster gains a clear understanding of the club's purpose, and the organisation as a whole benefits from a shared set of values and goals.



## Entrepreneurs and professionals



### Practice delivering pitches

Develop clear and effective communication



### Ace interviews

Learn to be articulate and illustrate your knowledge



### Lead and inspire team members

Build confidence delivering instructions and motivation



### Network with professionals

Improve your ability to meet and engage new contacts

## What Happens When I Join a Club?

A lot of learning and fun happens within your own Toastmasters club! A typical club is made up of 15 – 25 people who meet on a regular basis for between one to three hours. The meetings are run in a structured way, ensuring everyone is given an opportunity to stand up and speak. You will be told of your speaking assignment well in advance, allowing you plenty of time to prepare. Club meetings can start as early as 7:00am or as late as 7:30pm. Business meetings are often during the lunch hour.

Speaking assignments are varied. They include chairing a meeting, facilitating a Table Topics™ session, offering a point of view, evaluating other speakers, all the way to delivering full speeches of seven minutes or more on the topic of your choice with clearly defined objectives to meet. Importantly, whenever you stand up and speak, you receive encouraging, helpful feedback on how well you went and what you can improve, through formal evaluations.

When you are ready, opportunities to take on leadership and mentoring roles will present themselves, allowing you to further develop your personal skill set. Many members believe these opportunities are the most valuable way to enhance their already developing skills and learning experience.

When you apply yourself, you will be amazed at how quickly your communication and leadership skills improve.

Members give credit to Toastmasters for successful interviews, polished international professional video presentations and improvement in English language. Members also cite confidence in speaking at formal meetings like wedding speeches and eulogies at funerals.

## How to join

1

### Find a club

Find Toastmasters clubs near you by visiting "Find a Club" in the Menu.

2

### Pay them a visit

Contact local clubs or just turn up and see which one suits you best. All guests are welcome.

3

### Become a member

Return a completed membership form with the one-off joining fee and subscription fee.

\*Fees vary from club to club.

4

### Give your Icebreaker speech

When signed up and ready you break the ice by delivering your first speech - the Icebreaker.



New Zealand is proud to have had two Toastmasters elected as International President of Toastmasters International:

John Fauvel, DTM, in 1987 and Len Jury, DTM, in 1997

Glen Murphy, DTM, was elected to the International Board of Directors, 1998-2000



# SPEAKER EDUCATION

## Toastmasters Pathways Learning Experience



The Pathways Learning Experience is an online learning system that provides self-paced learning based around a set of Core Competencies, with electives tailored to meet your needs.

- ⇒ **Public Speaking** – public speaking builds members’ skills in delivering both prepared and impromptu speeches. Through practice, peer evaluation and educational tools, members learn how to present their messages effectively, concisely and professionally on time.
- ⇒ **Interpersonal Communication** – members communicate with others, verbally, non-verbally, in writing or via electronic methods. Members learn how to build relationships, resolve conflict and communicate effectively with others.
- ⇒ **Strategic Leadership** – the ability to see the big picture and have the ideas and vision to do things better. The Toastmasters strategic leader has a vision that is both attainable and inspiring. They are able to bring about positive change by inspiring others to get involved.
- ⇒ **Management** – the ability to see the details and deals mostly with managing creative projects, planning, organising, and facilitating specific tasks.
- ⇒ **Confidence** – through self-reflection and evaluation, members learn to acknowledge their areas of improvement and embrace their capacity for self-improvement. By learning how to set goals and meet them, they gain confidence in their own knowledge, skills and abilities.

Within these core competencies the Pathways programme provides the opportunity and flexibility to develop over 300 different sub-competencies.

Pathways sets you on a journey of personal and professional development. It reflects a journey where there are many options, many ways to achieve your goals, while moving forward all the time at your own pace. The programme offers members:

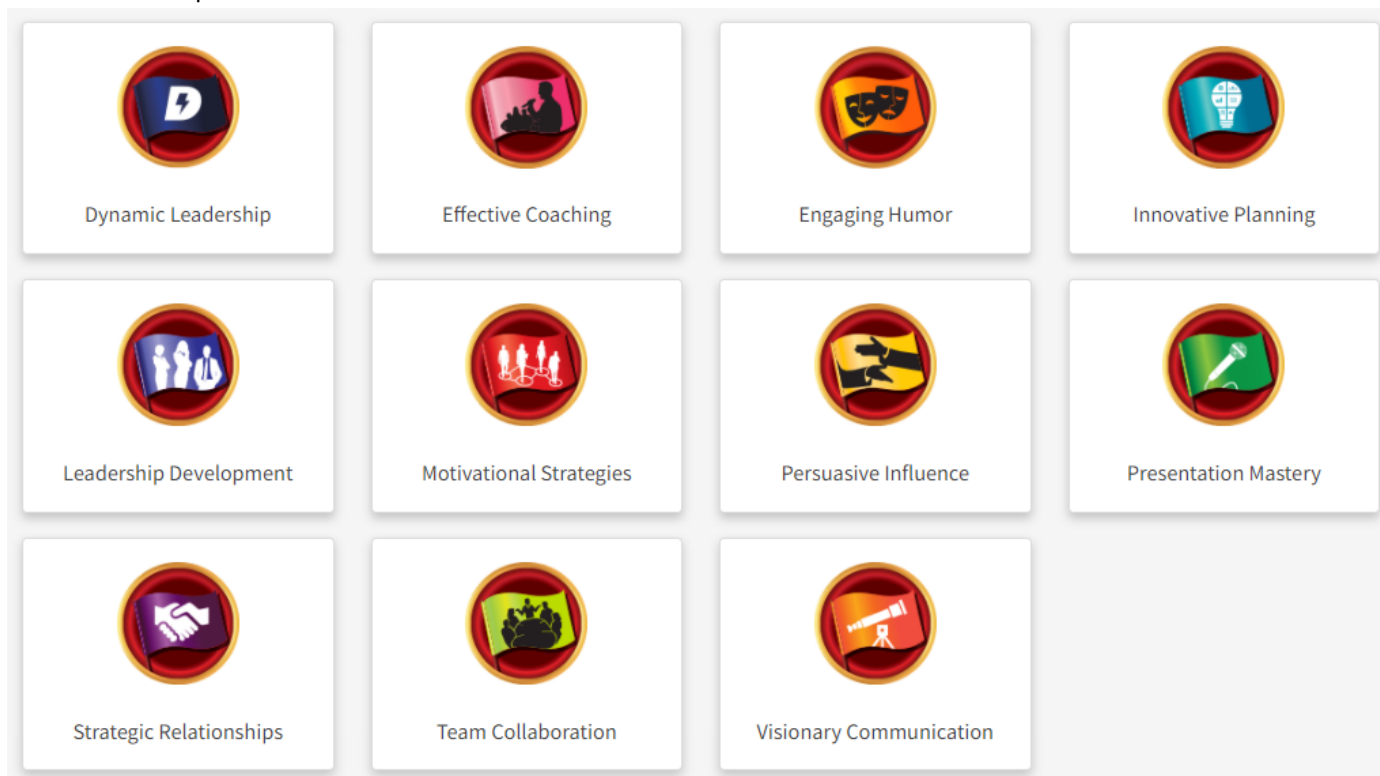
- ⇒ A learning experience tailored to personal and professional goals
- ⇒ Communication and leadership skills with real-world application
- ⇒ A wide range of educational interactional digital content to support the projects, such as videos, quizzes, assessments, tutorials, activities and documentation
- ⇒ Materials may be printed directly from Base Camp, the learning management system
- ⇒ Standardised evaluation criteria and high quality feedback
- ⇒ A strong mentorship process to support both mentors and protégés

Pathways helps members meet their needs in an evolving global marketplace. The programme also allows for early and frequent achievement, which provides members with recognition of their accomplishments and motivation.

## Learning Paths

Pathways currently has 11 learning paths, each consisting of 5 learning levels. Each learning level consists of a set of projects: some required others elective.

Each of the 11 paths has a different focus:



## What Do I Receive When I Join?

You will receive a New Member email notification, in which you will find:

- ⇒ Access to the Navigator – your guide to the Pathways Learning Experience
- ⇒ An assessment check to provide you with “Best Match” Paths to match your reasons for joining and assist you in selecting the Pathway that best suits your educational needs
- ⇒ Access to Base Camp – the online home base for your Pathways educational programme, which provides the transcripts, tutorials and wide ranging resources to support you on your journey to developing your skills and abilities in communication and leadership

A mentor will be assigned to you – an experienced Toastmaster who can help you define your goals and plot a course to achieve them. Your mentor will assist you in understanding how it all works and will provide a sounding board for your questions and ideas. Your mentor may also help you through your early speech projects and provide feedback on performance.

You will receive the monthly online ‘Toastmaster’ magazine (11 months of the year) – full of helpful articles, such as: “Your Career: What’s Holding You Back?”; “Ten Principles of Motivational Speaking”; and, “Why Do Top CEOs Shine as Speakers?”

## The Distinguished Club Programme

To assist the club executive to manage their roles, they are given a “health check”; a series of targets relating to club membership, administrative efficiency and member educational achievements.

Clubs which achieve some or all of the assigned goals within an executive year receive special recognition from Toastmasters International.

**Distinguished Club** – achieve 5 out of 10 goals

**Select Distinguished Club** – achieve 7 out of 10 goals

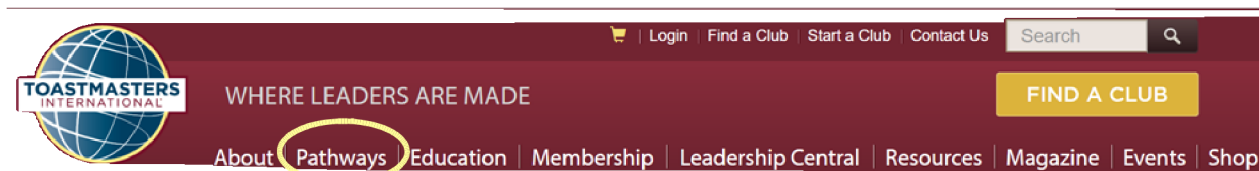
**President’s Distinguished Club** – achieve 9 out of 10 goals

In this way, Toastmasters provides the tools, the education, the opportunities and the recognition needed to foster real leadership development.

## GAIN A SNEAK PREVIEW OF PATHWAYS

As mentioned before, joining Toastmasters connects you with the Toastmasters Pathways educational programme which is self-paced and has options to tailor make the programme to best suit your needs. Prior to joining Toastmasters, take a sneak preview of the Ice Breaker project, the first speech you will deliver.

- ⇒ Open the Toastmasters website <https://www.toastmasters.org/pathways-overview>
- ⇒ Click on Pathways (second word on the maroon ribbon)
- ⇒ Click on Learn More
- ⇒ Scroll down to the bottom of the page.
- ⇒ At the bottom of the page where it says: “Sample your first project” Click on Break the Ice!
- ⇒ Click on your language (English)
- ⇒ Click Begin
- ⇒ Scroll through the “presentation” using the arrow on the screen (the first slide will tell you this).



## Why Not Start a New Club?

Are you interested in taking up the rewarding challenge of starting a Toastmasters club at your work or in your community? Should you be interested, please email an inquiry to the Districts Club Growth Director: [D112growth@toastmasters.org.nz](mailto:D112growth@toastmasters.org.nz) who will support you through all aspects of starting a new club.



## What is in it for you?



### Grow confidence and self-belief

Overcome your fear of public speaking



### Think fast on your feet

Feel relaxed answering questions on the spot



### Master storytelling

Learn how to engage and captivate your audience



### Impact your community

Meet and bring people together



# TOASTMASTERS INTERNATIONAL

## About

Since 1924, Toastmasters International has helped millions of people become more confident in front of an audience. Our network of clubs and their learn-by-doing programme are sure to help you become a better speaker, presenter, listener and leader.

It is the world's largest organisation dedicated to helping people from diverse backgrounds gain the confidence to achieve their potential by developing members' communication and leadership skills. Worldwide Toastmasters is present in 143 countries with over 357,000 active members in over 16,600 clubs. These clubs are grouped into areas and divisions which, in turn, are grouped into districts and regions.

## Region 12

Toastmasters is a global organisation divided into well over 100 districts which are split into 14 regions. New Zealand, Australia, Papua New Guinea, Indonesia, Malaysia and Brunei are known as region 12. Communication and leadership are learned in a warm and supportive environment in around 1,800 clubs, comprised of over 45,000 members, throughout the region.

## New Zealand

The first club in New Zealand started in Dunedin in 1961. By 1972 the news of this incredible self-development organisation had spread and membership across the country had grown to over 1,000 members in 43 clubs, prompting Toastmasters International to recognise New Zealand with full District status.

Over 50 years later and the organisation in New Zealand has grown to a point where there are currently over 290 clubs throughout the country, catering for over 6,000 members every year.

In 2018 the New Zealand organisation reached the stage where the country split from being a single district (District 72) into two districts – District 112, which covers the North Island as far down as the northern Wellington Regional Council boundary; and, District 72, which covers Wellington Region and the South Island.



# Why Toastmasters?



## Supportive peer learning

During each meeting, members perform speaking and leadership roles and receive constructive feedback. This highlights strengths and areas for improvement.

## Full support and mentorship

A mentor is available for additional guidance or encouragement, if required. No matter where you start, the challenge is to reach your potential.

## Self-paced learning programme

The Pathways Learning Experience is an online interactive series of projects focusing on communication and leadership skills. The programme being accessible all day and every day, members learn at a pace that suits them and matches their lifestyle.

## Club Leadership Roles

Members receive opportunities to lead at and beyond club level. Each role carries with it a different set of challenges and transferable skills to learn. Roles include club president, event planners, contest organisers, District Officers, training presenters, and much more.

Local

[d112tm.org.nz](http://d112tm.org.nz)

International

[www.toastmasters.org](http://www.toastmasters.org)

Facebook

District 112 Toastmasters in New Zealand

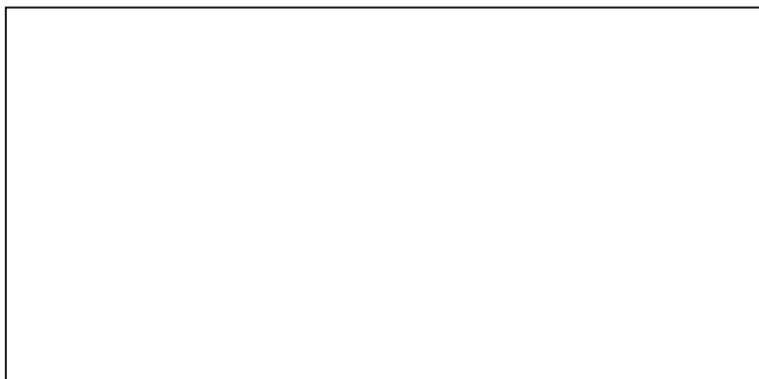
Instagram

d112toastmastersnz

LinkedIn

Toastmasters New Zealand North District 112

Your  
Local  
Club...



**WHERE LEADERS  
ARE MADE**

